

HAVING QUESTIONS ABOUT PARENTING AND GROWING UP?

Lisa is here for all parents/caregivers,
children, and professionals in Lelystad.



TIPS & INFORMATION

Lisa is here to help with any questions about
parenting or the development of children and teens.



WEBSITE & SOCIALS

On our website, you'll find lots of
information, useful links, and an
overview of helpful training
sessions & workshops.



ASK QUESTIONS WITH EASE

Call us 24/7 at 088-0029922, send
us an email at info@lisalelystad.nl,
or fill out the "Ask Your Question"
form on our website.



ON ALL KINDS OF TOPICS

From pregnancy to puberty,
challenging behavior to media
literacy, and co-parenting after
separation to parenting in general.



ANONYMOUS IF YOU PREFER

Struggling to reach out? You can also ask
your question anonymously. Whatever you
do, don't keep your question to yourself!



FREE WALK-IN HOUR

Every first Thursday of the month, just drop in
for our free walk-in hour (1:00–3:00 PM) at
the Knowledge Plaza, FlevoMeer Library
(Promesse 4, Lelystad).

QUICK TIP!

Want to translate this flyer? Scan the
QR code, download the app, and easily
translate it with your phone!



FIND ANSWERS with Lisa Lelystad

Lisa Lelystad is a partnership between Youth Health
Care Icare and GGD Flevoland, MEE Samen and MDF.
Together, we'll find a solution that works for you.



088 – 0029922



info@lisalelystad.nl



www.lisalelystad.nl